What Is Claimed Is:

1. An apparatus comprising:

a flange comprising a first surface and a second surface, the first surface adapted to be coupled with a frame; and

a channel disposed proximate the flange, the channel adapted to be coupled with a fin of the frame.

- 2. The apparatus of claim 1, wherein the flange further comprises a first end and a second end, the channel disposed proximate the first end, the channel adapted to receive the fin.
- 3. The apparatus of claim 1, wherein the channel comprises a first end and a second end, the channel disposed substantially orthogonal to the flange.
- 4. The apparatus of claim 1, wherein the channel comprises means for securing the fin.
- 5. The apparatus of claim 2, wherein the channel comprises a first channel, the apparatus further comprising a second channel, the second channel disposed proximate the second end of the flange and substantially parallel to the first channel, the second channel adapted to be coupled with the fin.

- 6. The apparatus of claim 1, further comprising a grip disposed substantially orthogonal to the channel.
- 7. The apparatus of claim 1, wherein the frame comprises a vinyl door frame.
- 8. The apparatus of claim 1, wherein the frame comprises a vinyl window frame.
- 9. The apparatus of claim 1, wherein the fin comprises a nailing fin.
- 10. A system comprising:
 - a frame comprising a fin; and
- a handle comprising a flange comprising a first surface and a second surface and a channel disposed proximate the flange, the first surface adapted to be coupled with a frame, the channel adapted to be coupled with a fin of the frame.
- 11. The system of claim 10, wherein the frame comprises a vinyl door frame.
- 12. The system of claim 10, wherein the frame comprises a vinyl window frame.
- 13. The system of claim 10, wherein the fin comprises a nailing fin.

- 14. The system of claim 10, wherein the flange further comprises a first end and a second end, the channel disposed proximate the first end and substantially orthogonal to the flange, the channel adapted to receive the fin.
- 15. The system of claim 10, wherein the channel comprises means for securing the fin.
- 16. The system of claim 14, wherein the channel comprises a first channel, the handle further comprising a second channel, the second channel disposed proximate the second end of the flange and substantially parallel to the first channel, the second channel adapted to be coupled with the fin.
- 17. The system of claim 10, wherein the handle further comprises a grip disposed substantially orthogonal to the channel.

18. A method comprising:

providing a flange comprising a first surface and a second surface, the first surface adapted to be coupled with a frame; and

providing a channel disposed proximate the flange, the channel adapted to be coupled with a fin of the frame.

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- 19. The method of claim 18, wherein the flange further comprises a first end and a second end, the channel disposed proximate the first end, the channel adapted to receive the fin.
- 20. The method of claim 18, wherein the channel comprises a first end and a second end, the channel disposed substantially orthogonal to the flange.
- 21. The method of claim 18, further comprising providing means for securing the channel and the fin.
- 22. The method of claim 19, wherein the channel comprises a first channel, the method further comprising providing a second channel, the second channel disposed proximate the second end of the flange and substantially parallel to the first channel, the second channel adapted to be coupled with the fin.
- 23. The method of claim 18, further comprising providing a grip disposed substantially orthogonal to the channel.
- 24. The method of claim 18, wherein the frame comprises a vinyl door frame.
- 25. The method of claim 18, wherein the frame comprises a vinyl window frame.
- 26. The method of claim 18, wherein the fin comprises a nailing fin.

- 27. A method of coupling a handle with a frame, the handle comprising a flange comprising a first surface and a second surface, and a channel disposed proximate the flange, the method comprising coupling the channel with a fin of the frame.
- 28. The method of claim 27, further comprising:

 coupling the first surface with the frame; and
 securing the fin of the frame in the channel of the handle.
- 29. The method of claim 27, wherein the frame comprises a vinyl door frame.
- 30. The method of claim 27, wherein the frame comprises a vinyl window frame.
- 31. The method of claim 27, wherein the fin comprises a nailing fin.